## Personal Care Product Safety The BPO Controversy and Beyond

Steve Xu MD MSc FAAD

**CEO and Co-Founder - Sibel Health** 

Ruth K. Freinkel, MD Professor – Northwestern University

3.6.25 - Dermatology Innovation Forum

Northwestern

# **Relevant COI**

## Co-founder and Head Dermatologist for Geologie





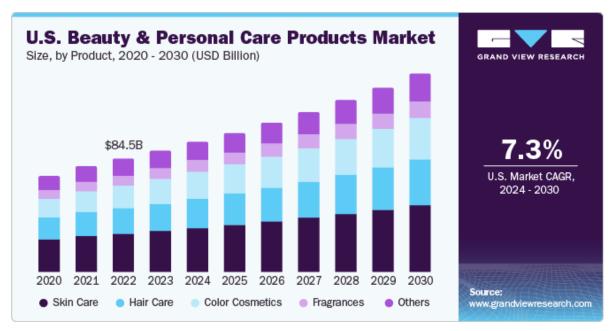
1906 Food and Drug Act

### 1938, Food, Drug, Cosmetic Act

Northwestern

# What is a Personal Care Product?

Sometimes a cosmetic, sometimes a drug, and sometimes both Available without a prescription

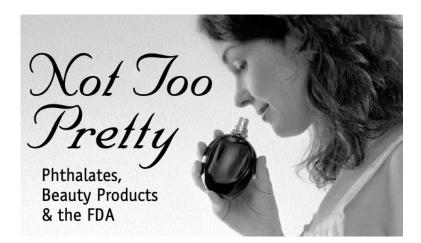


## **Recent Personal Care Product Controversies**

#### LAW AND ORDER

## Wen Hair Care Products Lawsuit Moves Forward (UPDATE)

BY ALLURE EDITORS November 1, 2016



## The F.D.A. Wanted to Ban Some Hair Straighteners. It Never Happened.

In 2016, agency scientists deemed hair straighteners containing formaldehyde to be unsafe, according to newly obtained emails.

## **JAMA** Dermatology

#### **Original Investigation**

August 2016

# Sunscreen Product Performance and Other Determinants of Consumer Preferences

Shuai Xu, MD, MSc<sup>1</sup>; Michael Kwa, BA<sup>1</sup>; Ashwin Agarwal, MD<sup>2</sup>; <u>et al</u>

|     |   | Reviews, | Rating | Price per |                   |     |
|-----|---|----------|--------|-----------|-------------------|-----|
| No. | Product   | No.      | (1-5)  | Ounce, \$ | Туре <sup>ь</sup> | SPF |
| 1   | EltaMD UV Clear SPF 46                                    | 1792     | 4.4    | 13.38     | Combination       | 46  |
| 2   | Hawaiian Tropic Sunscreen<br>Silk Hydration SPF 30        | 1078     | 4.6    | 1.33      | Chemical          | 30  |
| 3   | Blue Lizard Australian<br>Sunscreen, Sensitive<br>SPF 30+ | 812      | 4.5    | 3.41      | Physical          | 30  |
| 4   | SPF 30 daily oil-free face<br>moisturizer                 | 786      | 4.7    | 5.98      | Chemical          | 30  |
| 5   | Neutrogena Age Shield<br>Face Lotion Sunscreen<br>SPF 110 | 740      | 4.4    | 3.73      | Chemical          | 110 |
| 6   | EltaMD UV Physical<br>SPF 41                              | 715      | 4.7    | 6.57      | Physical          | 41  |
| 7   | Neutrogena Ultra Sheer<br>Dry-Touch Sunscreen,<br>SPF 55  | 693      | 4.6    | 2.26      | Chemical          | 55  |
| 8   | Neutrogena Sunscreen<br>Ultra Sheer Stick SPF 70          | 647      | 4.6    | 5.91      | Chemical          | 70  |
| 9   | Neutrogena Oil Free<br>Moisture SPF 35                    | 635      | 4.5    | 2.76      | Chemical          | 35  |
| 10  | Eucerin Daily Protection<br>Moisturizing Face Lotion      | 631      | 4.3    | 1.76      | Physical          | 30  |





**(CNN)** — Nearly 40% of top-selling sunscreens don't meet the American Academy of Dermatology's criteria, according to <u>a new study</u>.

The research found that popular products from well known brands such as <u>Neutrogena</u> and <u>Eucerin</u> fell short of the <u>academy's sunscreen recommendations</u> due to their lack of water resistance.

Dermatologists "are often asked to recommend sunscreens, and we wanted to know what consumers prefer," said lead study author Dr. Steve Xu. "This way, we are suggesting popular products they will actually use that will protect them."

## **JAMA** Dermatology

#### **Original Investigation**

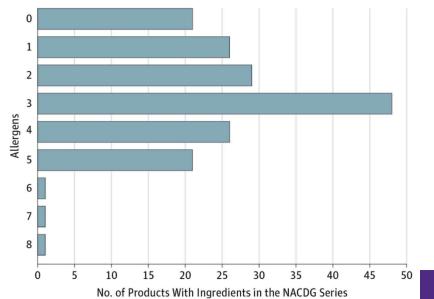
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November 2017

### Consumer Preferences, Product Characteristics, and Potentially Allergenic Ingredients in Bestselling Moisturizers

Shuai Xu, MD, MSc (Lond)<sup>1</sup>; Michael Kwa, BA<sup>2</sup>; Mary E. Lohman, MD<sup>1</sup>; et al

Figure 1. Distribution of Allergens in the North American Contact Dermatitis Group (NACDG) Series for Best-selling Moisturizer Products



### **Ehe New York Times** Choosing the Best Moisturizer for Your Skin

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Paul Rogers

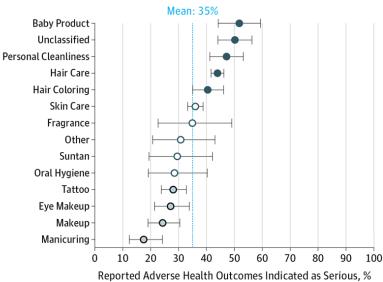
#### By Jane E. Brody Oct. 16, 2017

With the cool air of fall upon most of us and winter's cold, dry winds approaching, it's time to get serious about caring for the stratum corneum, the outermost layer of skin, the body's largest organ, which protects the vital tissues within. **JAMA Internal Medicine** 

August 2017

### Adverse Events Reported to the US Food and Drug Administration for Cosmetics and Personal Care Products

Michael Kwa, BA<sup>1</sup>; Leah J. Welty, PhD<sup>2</sup>; Shuai Xu, MD, MSc<sup>3</sup>



- Greater than the mean across all product classes (*P* <.05)
- O Not significantly different from the mean across all product classes
- Less than the mean across all product classes (P < .05)

### The New York Times

### For Cosmetics, Let the Buyer Beware

🖀 Share full article 🔗 🗍 🖵 147



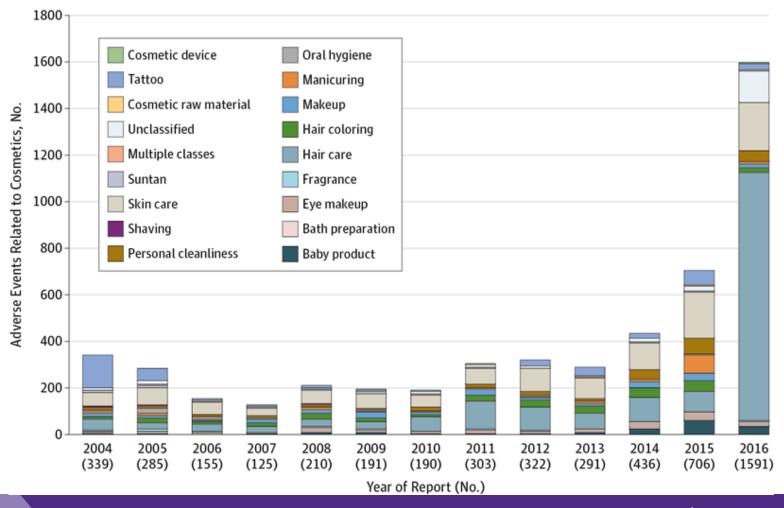
Paul Rogers

#### By Jane E. Brody

Aug. 7, 2017

When you wash your hair, clean or moisturize your skin, polish your nails, or put on makeup, deodorant or sunscreen, do you ever think about whether the product you're using may do more harm than good?

Maybe you should. Thanks to a lack of federal regulations, the watchword for consumers of cosmetics and personal care products should be caveat emptor: Let the buyer beware.



#### **Editorial**

August 2017

## **Cosmetics, Regulations, and the Public Health** Understanding the Safety of Medical and Other Products

Robert M. Califf, MD<sup>1,2,3,4</sup>; onathan McCall, MS<sup>2</sup>; Daniel B. Mark, MD, MPH<sup>1,2</sup>

Few physicians consider cosmetics and related products relevant to their professional lives [...] any substance applied to or in the body can cause harm, given the right circumstances.

# First Update in >80 Years

— JANUARY 05, 2023

## Collins, Feinstein's Personal Care Products Safety Act Signed into Law

**Washington**, D.C.—U.S. Senators Susan Collins (R-ME) and Dianne Feinstein (D-CA) announced that provisions from their *Personal Care Products Safety Act* were signed into law as part of the fiscal year 2023 government funding bill. Their bipartisan legislation will protect consumer health and strengthen the Food and Drug Administration's authority to ensure the safety of personal care products and their ingredients.

# Why Dermatologists Should Care?

- We use personal care products to manage a wide range of dermatological issues
- Safety concerns will continue in this large growing industry
- Lightly regulated, still
- Our patients will ask us